















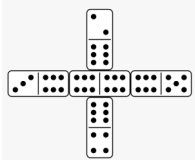








MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR—AUGUST



We hope that you enjoy this month's activities, please just let us know if there is anything else that you would like to do and we will do our best to include it next month. Best wishes Lea-Ann & the Activities Team

	MONDAY 1	TUESDAY 2	WEDS 3	THURS 4	FRIDAY 5	SAT 6	SUNDAY 7
AM	HAIRDRESSER IS HERE 11am Coffee & Connect 	11.30am U3A Ukulele Group Live Garden Performance	11am Join Shannon for Village Walks 	Nail Bar is Closed Magic Table morning Come and join Rennie for games on the Magic Table	10.30 Creative mojo Art Workshop 	Coffee Morning with pastries 	11 am Classical Music morning—enjoy with a glass of Sherry and nibbles 
PM	HAIRDRESSER IS HERE Calming Colouring and Magic Painting Afternoon refreshments served in the garden 	'Games Afternoon' Join Shannon for Parachute games --- 4pm Join friends for a game of Scrabble 	2pm Seated Chair Exercise with Irene --- 3.30pm Afternoon crossword -- 5pm 'Supper Club' Join us for 'alfresco dining' summer menu	2pm 'Quiz Club' Join us this afternoon for a General knowledge Quiz 4.00 'Card's Club' Join Rennie for a hand or two of cards 	2pm Bingo with Shannon 	2pm Games Afternoon Jigsaw Puzzles Dominoes Ludo 	3pm Afternoon Tea in the garden for all 















	MONDAY 8	TUESDAY 9	WEDS 10	THURS 11	FRIDAY 12	SAT 13	SUNDAY 14
AM	<p>HAIRDRESSER IS HERE</p> <p>11am Coffee & Connect</p> <p>Join Mel for croissants & chat</p> 	<p>11am</p> <p>“Walkers Club”</p> <p>Join Shannon for a walk round village</p> 	<p>11am</p> <p>Arts & Crafts with Shannon</p> 	<p>NAIL BAR WITH MEL</p> <p>Dominos & calming colouring with Rennie MH</p> 	<p>11am</p> <p>“Walkers Club”</p> 	<p>11am</p> <p>Join Rennie and help him complete his jigsaw Puzzle</p> 	<p>11 am</p> <p>Sherry & Nibbles with Rennie’s word games</p> 
PM	<p>HAIRDRESSER IS HERE</p> <p>2pm Garden Games</p> <p>Join Mel for some fun outside (hopefully) in the spring sunshine</p> <p>3pm Join us in the Garden for refreshments</p>	<p>National Rice Pudding Day</p> <p>2pm Word Wheel games with Shannon</p> <p>4.00 ‘Card’s Club’</p> <p>Join Rennie for a har</p> 	<p>2pm Seated Chair Exercise with Irene</p> <p>6pm Culture Club</p> <p>Join us in the lounge</p> <p>Liz Monro</p> <p>Saxophonist</p>	<p>2pm‘Quiz Club’</p> <p>Join us this afternoon for Rennie’s Big Quiz</p> <p>4pm</p> <p>Golden Memories Karaoke in lounge with Rennie</p> 	<p>2pm</p> <p>Join Shannon & Mel for afternoon garden games & bubbles</p> <p>3pm Coffee & Cake in the garden</p> 	<p>Join Rennie for a game of scrabble</p> 	<p>Happy Birthday Enid F</p> <p>2pm</p> <p>Live Entertainment with Rennnie</p> 

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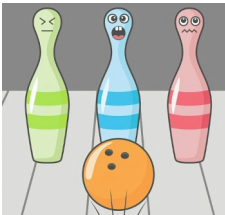

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	MONDAY 15	TUESDAY 16	WEDS 17	THURS 18	FRIDAY 19	SAT 20	SUNDAY 21
AM	HAIRDRESSER IS HERE 11am Coffee & Connect Join Mel for cakes, coffee& a chat 	11am Activities with Rennie Stepping Out Trip to Henry Moore 	11am Baking with Mel in Phylomena 	NAIL BAR WITH MEL 11am Kiddley Divey are here with their mixture of music & movement	11am "Walkers Club" Join us for a village walk 	11am Cooking Club Join Lea-Ann making pizza 	11 am Classical Music morning—enjoy with a glass of Sherry and nibbles 
PM	Happy Birthday Margaret C 2 pm 'Quiz Club' Join us for our weekly Word Wheel 	Happy Birthday Doreen  2pm Companionship with Amanda 3pm Live Entertainment Tea Dance Tap Show Followed by Afternoon Tea	2pm Seated Chair Exercise with Irene 5pm 'Supper Club' Join us at our 'chef's table' for a dining experience	2pm Quiz Club Join Rennie for this weeks General Knowledge Quiz 4pm Card's Club Join Rennie for a hand or two of cards 	2pm Games Afternoon Snakes & Ladders Or Table top board games 	3pm Afternoon Tea served in the garden for all 	2pm Calming Colouring with Mel 3pm Movie Matinee 

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	MONDAY 22	TUESDAY 23	WEDS 24	THURS 25	FRIDAY 26	SAT 27	SUNDAY 28
AM	<p>HAIRDRESSER IS HERE</p> <p>11am Coffee & Connect</p> <p>Join Mel for cakes, coffee& a chat</p> 	<p>11am</p> <p>Live Entertainment</p> <p>Sing Along Jim</p> 	<p>11am</p> <p>Sensory Room</p> <p>Join us for calming lighting, music and gentle massage</p> <p>Companionship with Amanda</p>	<p>NAIL BAR WITH MEL</p> <p>11am Church Service in Phylomena led by Reverend Sarah</p>  <p>National Burger Day</p>	<p>11am</p> <p>"Walkers Club"</p> <p>Join us for a village walk</p> 	<p>11am</p> <p>Coffee & connect</p> <p>Join Rennie for coffee & pastries</p> 	<p>11 am Classical Music morning—enjoy with a glass of Sherry and nibbles with Melanie</p> 
PM	<p>2pm</p> <p>CamBoats River Cruise Outing</p> 	<p>2pm</p> <p>Companionship with Amanda</p> <p>4pm Join Rennie for a game of scrabble & dominoes</p> 	<p>Happy Birthday</p> <p>Sylvia L</p>  <p>2pm Seated Chair Exercise with Irene</p> <p>6pm 'Culture Club'</p> <p>Join us for a live classical guitar concert</p>	<p>2pm 'Quiz Club'</p> <p>Join us this afternoon for a General knowledge Quiz</p> <p>4.00 'Card's Club'</p> <p>Join Rennie for a hand or two of cards</p> 	<p>2pm</p> <p>Join Mel for an afternoon of fun</p> <p>Bowling & Skittles</p> 	<p>2pm</p> <p>Magic Table Afternoon</p> <p>Join Rennie on the interactive table for fun & games</p>	<p>2pm</p> <p>Quiz Club</p> <p>Join us for our weekly word wheel</p> 

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	MONDAY 29	TUESDAY 30	WEDS	THURS	FRIDAY	SAT	SUNDAY
AM	HAIRDRESSER IS HERE 11am Coffee & Connect 	11am Music Lady Join us for music & movement at Phylomena					

PM	HAIRDRESSER IS HERE 2pm Garden Socialising & garden tidy. 	2pm Companionship with Amanda 3.30pm Join Rennie for Rummikub 					
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