


# MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR— JULY/AUG



We hope that you enjoy this month's activities, please just let us know if there is anything else that you would like to do and we will do our best to include it next month. Best wishes Lea-Ann & the Activities Team

	MONDAY 31	TUESDAY 1	WEDSDAY 2	THURSDAY 3	FRIDAY 4	SATURDAY 5	SUNDAY 6
AM	<p>HAIRDRESSER IS HERE</p> <p>Come and see our NEW Hairdressers!!!!</p> <p>Coffee &amp; Daily News</p> 	<p>Village Walks with Shannon</p> 	<p>11.15am</p> <p>Seated Chair Exercise</p>  <p>Nail Bar with Jodie</p>	<p>11am</p> <p>Kiddley Divey</p> <p>Music &amp; Movement fun with Gavin at Phylomena</p>	<p>Arts &amp; Crafts</p> <p>Art Club with Shannon</p> <p>Sketching &amp; Colour</p>  <p>12.30pm Fish &amp; Chips</p> <p>At Fox &amp; Hounds</p>	<p>Cooking Club</p> <p>Cupcakes with Erin in Phylomena Cafe</p> 	<p>Sunday Socialising</p> <p>with Sherry &amp; Nibbles &amp; Classical Music</p> 
	HAIRDRESSER IS HERE						
PM	<p>Word challenge with Erin in MH Sun Lounge</p> 	<p>Crossword Fun</p>  <p>Board Games</p> 	<p>Hazel's Book Chatter</p> <p>Bring your current read, all book lovers welcome</p>  <p>Activities with Shannon PH</p>	<p>NEW ZOO—LAB Animal Therapy</p> <p>Zoo Lab visit with the opportunity to learn and handle animals/ insects</p> <p>Please be seated at PH for 3pm for a 3.15pm prompt start</p> 	<p>Games afternoon</p> <p>MH—Shannon</p> <p>PH—Maddie</p>  <p>5:30pm</p> <p>Gin &amp; Tonic</p> <p>Happy Hour</p>	<p>Jigsaw Puzzle Afternoon</p>  <p>Refreshments in the garden</p> 	<p>Movie Matinee</p> <p>Film selected by residents</p> <p>PH &amp; MH</p> <p>With Popcorn</p> 

# MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR— AUGUST






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	MONDAY 7	TUESDAY 8	WEDS 9	THURS 10	FRIDAY 11	SAT 12	SUNDAY 13
AM	<p><b>HAIRDRESSER IS HERE</b></p> <p>Join Erin for coffee &amp; connect</p> 	<p><b>11am</b></p> <p><b>Live Entertainment</b></p> <p><b>Sing Along Jim at PH</b></p> 	<p><b>11.15</b></p> <p><b>Seated Chair Exercise</b></p>  <p><b>Nail Bar is open</b></p>	<p><b>Bury Lane Coffee Shop with Lea- Ann</b></p> <p><b>Allocated Spaces</b></p> <p><b>Magic Table Morning</b></p> 	<p><b>Village Walks</b></p>  <p><b>Join Maddie &amp; Lea-Ann</b></p>	<p><b>Coffee Morning</b></p> <p><b>With Pastries in the Hub</b></p> 	<p>Sherry &amp; nibbles with classical music</p> <p><i>Sherry</i></p> 
PM	<p><b>HAIRDRESSER IS HERE</b></p> <p><b>Word Challenge with Erin at MH</b></p> 	<p><b>Table top fun with Maddie in PH</b></p> <p><b>Group Crossword</b></p> 	<p><b>Garden Socialising &amp; Games</b></p>  <p><b>6pm</b></p> <p><b>Culture Club</b></p> <p><b>Online Music Concert in the lounge with G&amp;T</b></p>	<p><b>2PM</b></p> <p><b>Online U3A PH</b></p> <p><b>'Scattered Island 2'</b></p> <p><b>Bean Bag Toss &amp; Lounge Games with Erin</b></p>	<p><b>Bingo with Lea-Ann at MH</b></p>  <p><b>5.30PM</b></p> <p><b>Friday Social</b></p> <p><b>Join Maddie for a drink &amp; nibbles</b></p>	<p><b>Movie Matinee at PH</b></p>  <p><b>Scrabble MH</b></p> 	<p><b>Village Walks</b></p> <p><b>Garden Socialising followed by Afternoon Tea</b></p> 



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	MONDAY 14	TUESDAY 15	WEDS 16	THURS 17	FRIDAY 18	SAT 19	SUNDAY 20
AM	<p><b>HAIRDRESSER IS HERE</b></p> <p>Coffee &amp; Connect with Erin</p> 	<p>Village Walks</p>  <p>Visit to Royston Library with Lea-Ann</p> <p>Allocated Spaces</p>	<p>11.15am</p> <p>National Rollercoaster Day</p> <p>Specially Themed Chair Exercises!!</p> <p>****</p> <p><b>NAIL BAR OPEN</b></p>	<p>Table Top activities at Phylomena</p> <p>Magic Paints</p> <p>Puzzles</p> <p>Card Games</p> 	<p>Music &amp; Movement</p> <p>Music &amp; Movement fun with Maddie</p> <p>Pom poms</p> <p>Bubbles</p> <p>Sing along fun</p>	<p>National Potato Day</p> <p>Join Lea-Ann for Potato Art</p> 	<p>Sherry &amp; Nibbles &amp; Classical Music</p>  <p>1-2-1 Erin</p>
	HAIRDRESSER IS HERE			National Cupcake Day			
PM	<p>Weekly Word Wheel</p>  <p>Happy Birthday Enid F</p> 	<p><b>India Independence Day</b></p> <ul style="list-style-type: none"> <li>* Indian Culture</li> <li>* Indian History</li> <li>* Indian Cuisine</li> </ul> <p>Happy Birthday Margaret C</p> 	<p>National Rollercoaster theme continues</p> <p>With videos &amp; Experiences</p>  <p>6pm Culture Club</p>	<p>Decorate your own cupcake</p> 	<p>Srabble &amp; Dominoes</p>  <p>5.30PM</p> <p>Friday Social</p> <p>Join Maddie for a drink &amp; nibbles</p>	<p>Garden Socialising with refreshments</p> 	<p>Sunday Movie Matinee</p>  <p>National Bacon Lovers Day</p> <p><b>BLT SUPPER</b></p>

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	MONDAY 21	TUESDAY 22	WEDS 23	THURS 24	FRIDAY 25	SAT 26	SUNDAY 27
AM	<p><b>HAIRDRESSER IS HERE</b></p> <p>Coffee &amp; Connect</p> 	<p>Village Walks</p> 	<p><b>11.15</b></p> <p>Seated Chair Exercise</p> <p>****</p> <p>Nail Bar is open</p> <p>****</p> <p>1-2-1 with Shannon</p>	<p><b>10.30</b></p> <p><b>Creative Mojo Art workshop at PH</b></p> 	<p><b>Magic Table Morning</b></p>  <p><b>12.30pm Fish &amp; Chips</b></p> <p><b>At Fox &amp; Hounds</b></p> <p><b>Allocated Spaces</b></p>	<p>Cooking Club with Maddie</p>  <p>Maddie's favourite sweet delights</p>	<p>Sherry &amp; nibbles with classical music</p> 
PM	<p><b>HAIRDRESSER IS HERE</b></p> <p><b>Taste Test Fun</b></p> <p>Join Sam for her Chocolate tasting research</p>	<p>Weekly Word Wheel with Shannon</p> 	<p><b>Quiz Club</b></p> <p>Join Shannon for a Quiz</p> <p><b>Supper Club</b></p> <p>Join us in the garden summer picnic</p>	<p><b>U3A ONLINE</b></p> <p><b>'The Story of Lela Black'</b></p> <p><b>HOLOCAUST SURVIVOR</b></p> <p>****</p> 	<p>Garden Socialising with games &amp; ice lollies</p> 	<p>Afternoon of Sketch &amp; Colour</p> 	<p>Puzzle Afternoon</p>  <p>Afternoon Tea</p> 

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	MONDAY 28	TUESDAY 29	WEDS 30	THURS 31	FRIDAY	SAT	SUNDAY
AM	<p><b>HAIRDRESSER IS CLOSED</b></p> <p>10.30am</p> <p>Coffee &amp; Newspapers</p> 	<p>Village Walks</p> 	<p>11.15</p> <p>Chair Exercise</p> <p>***</p> <p>Nail Bar Open</p> <p>***</p>	<p>11am</p> <p>In house Church Service at PH</p> 			

PM	<p>Word Games</p>  <p>Join Erin for this weeks word challenge</p>	<p>Coffee &amp; Crossword</p>  <p>Cards Club</p> 	<p>Games Afternoon</p>  <p>Quiz Club</p> <p>*****</p> <p>Culture Club</p>	<p>Quiz Afternoon</p> <p>Join Erin for her general knowledge quiz</p> <p>Afternoon Tea in Garden</p> 			
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