
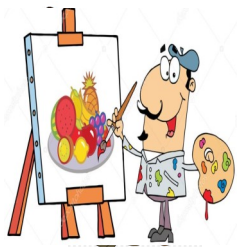














MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR—OCTOBER















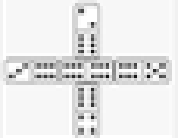



We hope that you enjoy this month's activities, please just let us know if there is anything else that you would like to do and we will do our best to include it next month. Best wishes Lea-Ann & the Activities Team

| | MONDAY 2 | TUESDAY 3 | WEDS 4 | THURS 5 | FRIDAY 6 | SAT 7 | SUNDAY 8 |
|----|--|---|---|---|--|--|---|
| AM | HAIRDRESSERS IS OPEN Morning newspapers & coffee with Erin ***** PH residents lunch  | Arts & Crafts Autumn Leaves Art  | 11am Seated Chair Exercise at Phylomena  1-2-1 with Shannon | 10am Commonwealth History—Online  | Covid & Flu vaccines Nail Bar is Open  With Lea-Ann ***** Table Top Activities with Shannon | Cooking Club With Maddie  | Sunday Socialising with Sherry & Nibbles & Classical Music  |
| PM | 2.30pm Word Games  Join Erin for this weeks word challenge | Afternoon Crossword  Card Games  | Quiz Club General Knowledge Quiz in MH ***** National Taco Day Taco Supper  | 2pm NEW Meet Beau & owner Therapy Dog Visit ***** 2.30pm Barley Community Group Talk by Len Little In The footsteps of Dixon of Dock Green | Movie Matinee  With Chocolates ***** Companionship with Shannon | Colour Patterns  6.15pm Strictly Come Dancing BBC 1 –Main Lounges with refreshments | Word Games Scrabble with friends  |

MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR— OCTOBER










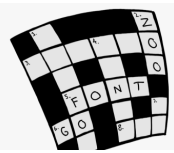




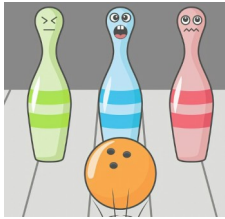



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| | MONDAY 9 | TUESDAY 10 | WEDS 11 | THURSDAY 12 | FRIDAY 13 | SATURDAY 14 | SUNDAY 15 |
|----|---|---|---|--|--|---|---|
| AM | HAIRDRESSER IS OPEN Coffee & Daily News  | 10am  Van Gogh Part 2 **** Sing Along Jim at PH  | No Chair Exercise  Music & Movement with Shannon PH | 11am Village Walks  | Arts & Crafts Autumn—Hedgehogs  | 11am Autumn themed flower arranging The Hub  | Sunday Socialising with Sherry & Nibbles & Classical Music  |
| PM | HAIRDRESSER IS OPEN Book Exchange Join Hazel in the sun lounge . Lots of free books looking for a home  | Quiz Club Join Shannon for her Trivia Quiz ***** Puzzles in PH  | Word Wheel How many words can we create this week  | Games Afternoon   | Bingo at MH with Shannon  | Scrabble Afternoon With friends  6.15pm Strictly Come Dancing BBC 1 –Main Lounges with refreshments | Sunday Movie Matinee With Popcorn  |

MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR— OCTOBER




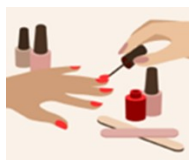








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| | MONDAY 16 | TUESDAY 17 | WEDS 18 | THURS 19 | FRIDAY 20 | SATURDAY 21 | SUNDAY 22 |
|----|--|--|---|--|--|---|---|
| AM | HAIRDRESSER IS HERE Coffee & Connect with Erin in the hub  | Autumn Walks with Shannon  | NO CHAIR EXERCISE Arts & Crafts with Shannon  | 11am Kiddley Divey Music & Movement fun with Gavin at Phylomena | Conkers Collecting conkers around the village  | Newspapers & coffee & Connect with Maddie  | Sunday Socialising with Sherry & Nibbles & Classical Music  |
| PM | HAIRDRESSER OPEN 2PM Word Games  Join Erin for this weeks word Challenge |  The Big crossword with Shannon  Picture puzzles in PH | 2pm Hazel's Book Chatter Bring your current read, all book lovers welcome  6pm Live Entertainment ELVIS IS IN PH | Games Afternoon PH  2.30pm Barley Community Group Happy Birthday Ann Storey  | Friday Fun Time  Floor games & fun in PH 5pm Happy Hour Drinks | Magic Table Afternoon  6.15pm Strictly Come Dancing BBC 1 –Main Lounges with refreshments | Afternoon Word Games  Happy Birthday Sylvia C  |



MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR—OCTOBER








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| | MONDAY 23 | TUESDAY 24 | WEDS 25 | THURS 26 | FRIDAY 27 | SAT 28 | SUNDAY 29 |
|----|--|---|---|--|---|--|---|
| AM | HAIRDRESSER IS HERE Coffee & Connect  | 11am Nail Bar is Open PH  | 11.15am Seated Chair Exercise 11.30am  Introduction to Astronomy | 11am In House Church Service at PH Hub  | 10.30 Creative Mojo Art workshop PH  & Fox & Hounds Lunch | Weekend papers & Pastries  | Sunday Socialising with Sherry & Nibbles & Classical Music  |
| PM | HAIRDRESSER S IS OPEN 2.15pm Taste Testing Treats with Sam in sun lounge | The Big Crossword  Card Games  | Games Afternoon  SUPPER CLUB World Pasta Day Dishes | Quiz Club Join Lea-Ann For this weeks Quiz Club—Autumn Harvest National Pumpkin Day Pumpkin Soup  | 2pm  ONLINE Discarded fashion on the planet Puzzles at PH  | 2pm Live Entertainment Hometown Band at PH 6.15pm Strictly Come Dancing BBC 1 –Main Lounges with refreshments | Movie Matinee with Popcorn  Film Chosen by residents |

MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR– OCTOBER



We hope that you enjoy this month's activities, please just let us know if there is anything else that you would like to do and we will do our best to include it next month. Best wishes Lea-Ann & the Activities Team

| | MONDAY 30 | TUESDAY 31 | WEDS 1 | THURS | FRIDAY | SAT | SUNDAY |
|----|---|---|---|-------|--------|-----|--------|
| AM | HAIRDRESSER IS HERE Coffee & Connect Morning at PH Hub  | Autumn Walks with Shannon  | 11.15am Seated Chair Exercise with Irene at Ph  | | | | |
| PM | HAIRDRESSER IS HERE  Happy Birthday Fran Birthday Celebrations | Word Wheel Challenge  Puzzles at PH  | National Cinnamon Day Enjoy a homemade cinnamon swirl **** POP UP CLOTHES SHOP PH HUB 2.30 –4.30  | | | | |