






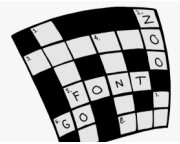













MARGARET HOUSE—SOCIAL AND WELL BEING CALENDAR— March
















We hope that you enjoy this month's activities, please just let us know if there is anything else that you would like to do and we will do our best to include it next month. Best wishes Lea-Ann & the Activities Team

	MONDAY 3	TUESDAY 4	WEDS 5	THURS 6	FRIDAY 7	SAT 8	SUNDAY 9
		Shrove Tuesday					
AM	<p>HAIRDRESSER IS HERE</p> <p>10.30am</p> <p>Coffee & Connect Join us in the sun lounge with guests PC Tom & PCSO Chris</p> 	<p>11am</p> <p>World Tennis Day</p> <p>Balloon Tennis at PH</p> 	<p>11am</p> <p>Nail Bar is open</p>  <p>School Buddies join us for Lunch</p>	<p>11am</p> <p>Village Walks</p> 	<p>10.30am</p> <p>Creative Mojo</p> <p>Art Workshop</p> 	<p>11am</p> <p>Magic Table Morning</p> <p>Interactive Games</p> 	<p>11am</p> <p>Sunday Socialising with Sherry & Nibbles & Jazz Music</p> <p>Sherry</p> 
PM	<p>HAIRDRESSER IS HERE</p> <p>2pm</p> <p>Crossword Challenge</p>  <p>1-2-1 Companionship</p> 	<p>2.15pm</p> <p>School Buddies join us for reading & pancake fun</p> 	<p>2pm</p> <p>Online Quiz</p> <p>Our Monthly special</p>  <p>6pm Movie Matinee</p> <p>"Me Before you"</p> <p>Happy Birthday Margaret Walker</p> 	<p>2pm</p> <p>Weekly Word Wheel</p> <p>At MH</p>  <p>Colour Magic at PH</p> 	<p>2pm</p> <p>Fun Friday Bingo</p> <p>At MH dining room</p> 	<p>2pm</p> <p>Games Afternoon with friends</p>  <p>Happy Birthday John</p> 	<p>2pm</p> <p>Movie Matinee</p> <p>Charles Dickens</p> <p>Our Mutual Friend</p> <p>Disc 1</p>  <p>Happy Birthday Beryl C</p> 

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	MONDAY 10	TUESDAY 11	WEDS 12	THURS 13	FRIDAY 14	SAT 15	SUNDAY 16
AM	<p>HAIRDRESSER IS HERE</p> <p>10.30am</p> <p>Coffee & Connect Join us in the sun lounge with Sam</p> 	<p>11am</p> <p>Live Entertainment</p> <p>Sing Along Jim</p> 	<p>11am</p> <p>Word Puzzles</p> 	<p>11am</p> <p>Arts & Crafts</p> <p>St. Patricks day themed</p> 	<p>11am</p> <p>MH Social Choir</p> <p>At PH</p> 	<p>11am</p> <p>Social Saturday with Carol</p> 	<p>11am</p> <p>Sunday Socialising with Sherry & Nibbles & Classical Music</p> 
PM	<p>HAIRDRESSER IS HERE</p> <p>2pm</p> <p>Weekly Word Wheel</p> 	<p>2pm</p> <p>U3A THE UNIVERSITY OF THE THIRD AGE</p> <p>Dorothy Levitt—The Fast Lady (Racing)</p> <p>2.15pm</p> <p>Reading Buddies</p> 	<p>2pm</p> <p>Live Entertainment</p> <p>Be My Baby</p> <p>Fun sing along show at PH</p> <p>6pm</p> <p>Movie Matinee MH</p> <p><i>'Guys and Dolls'</i></p>	<p>2pm</p> <p>Seated Chair Exercise</p> <p>At MH</p>  <p>Puzzles at PH</p> 	<p>2pm</p> <p>Friday Fun—Games Afternoon</p> 	<p>2pm</p> <p>Magic Table</p> <p>Interactive Games</p> 	<p>2pm</p> <p>Movie Matinee</p> <p>Charles Dickens</p> <p>Our Mutual Friend</p> <p>Disc 2</p> 



















Nutrition & Hydration Week

17 - 23 March 2025

Reinforce, Focus and Energise

Nutrition and Hydration Week is an annual event with a shared objective to highlight, promote and celebrate improvements in the provision of nutrition and hydration locally, nationally and globally.

	MONDAY 17 <i>St. Patricks Day</i>	TUESDAY 18 <i>TASTY TUESDAY</i>	WEDS 19 <i>WATERY WEDNESDAY</i>	THURS 20 <i>THIRSTY THURSDAY</i>	FRIDAY 21 <i>FRUITY FRIDAY</i>	SAT 22 <i>SHAKE SATURDAY</i>	SUNDAY 23
AM	HAIRDRESSER IS HERE <i>Coffee & Connect</i> Join Lea-Ann for Coffee in Sun lounge 	11am Village Walks 	11am Morning Crossword & Nail Bar is open 	11am Kiddley Divey Music & Movement 	11am Cooking Club <i>Making Fresh Fruit Kebabs with Maddy</i> 	11am Social Saturday 	11am 'Sunday Socialising with Sherry & Nibbles & Jazz Music 
PM	HAIRDRESSER IS HERE St. Patricks Day Lunch and Quiz 	2.15pm Reading Buddies  3pm Tasty Tuesday Snack trolley	3pm Global Tea Party At MH dining room  6pm Culture Club	2pm Weekly Word Wheel  Colouring in PH 	2pm Fun Friday at PH With Maddy 	2pm Table top Games 3pm Milkshakes 	2pm Movie Matinee  Puzzles PH 

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	MONDAY 24	TUESDAY 25	WEDS 26	THURS 27	FRIDAY 28	SAT 29	SUNDAY 30
AM	<p>HAIRDRESSER IS HERE</p> <p>10.30am</p> <p>Coffee & Connect With Care Manager</p> 	<p>11am</p> <p>Word Games</p> 	<p>11am</p> <p>Music & Movement with Maddy at PH</p> 	<p>11am</p> <p>In house Church Service</p> 	<p>10.30am</p> <p>Creative Mojo Art workshop</p> 	<p>11am</p> <p>Flower arranging with Carol</p> 	<p>11am</p> <p>Sunday Socialising with Sherry & Nibbles & Classical Music</p> 
PM	<p>HAIRDRESSER IS HERE</p> <p>Weekly Crossword</p>  <p>1-2-1 Companionship</p> 	<p>2.15pm</p> <p>Reading Buddies</p> 	<p>2pm</p> <p>Online bonus Quiz with Lea-Ann</p>  <p>5pm</p> <p>Social Supper National Spinach Day</p>	<p>2pm</p> <p>Seated Chair Exercise</p> 	<p>12.30pm</p> <p>Friends Friday Lunch</p> <p>2pm</p> <p>Fun Friday</p> 	<p>2pm</p> <p>Scrabble with friends</p> 	<p>Happy Mothering Sunday</p> <p>2.45pm</p> <p>Join us for a special Mothering Sunday Cream Tea</p> 

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	MONDAY	TUESDAY	WEDS	THURS	FRIDAY	SAT	SUNDAY
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